

Positive Alternatives 2014 - 15 Quarterly Update

Grantee: Pregnancy Options LifeCare Center

Goal: To provide necessary services and referrals to pregnant and parenting women in southern Minnesota

For the period: April May, June 2015

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hire and train volunteers; coordinate donations of baby store incentives; assess staff conduct all administrative duties		We have added a few new volunteers for the summer hours to help manage donations and clerical duties. Administration work has been completed on schedule.	
Outreach	Promote incentive education program to English, Spanish, Somali speaking clients; increasing capacity		With our part time Spanish Client Advocate we are meeting more Spanish speaking client's needs. We are currently looking for a Somali translator to meet the needs of our clients.	
Case Management Services	Follow-up with incentive education program clients to assess progress and facilitate access to resources	100	We have implement a system to check clients at least one a month for progress and necessary services needs	197
Crib Distribution/ Sleep Safety Education	Award cribs through Cradle of Hope crib distribution program; provide sleep safety education through incentive education program	5	We continue to work with clients to education them on Safe Sleep practices and award them with PNP cribs from Cradle of Hope	8
Financial Assistance	Provide assistance with completing Financial assistance forms; provide Scholarships for Mom educational programs; provide prepaid cards for assistance in emergency situations	5	We have provided assistance with financial forms, which includes insurance, WIC, rental applications. We continue to support clients with prepaid cards as we are financially able	5

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Interpreter Services	Provide interpreters for Spanish-speaking and Somali-speaking clients	35	With the hiring of the Spanish Client Advocate we have lowered our need for Spanish interpreters. We only use interpreters with our Somali population at this time.	17
Life-Skills Education Program	Provide educational programs that have components specifically about building life skills	37	We continue to provide programs that build life skills such as budgeting, grocery shopping, baby cares, apartment and job hunting.	100
Material Support	Provide baby clothing, diapers, layettes, baby equipment to pregnant and parenting women not included in incentive program.	100	With each client we assess their material needs and provide items that are not included in the EWYL Incentive program as we are able.	27
Mental Health	Refer clients for mental health assessment; refer to or assist clients with entering treatment programs	5	As clients need we refer them to Fernbrook and other treatment centers in the area. We are implementing the Edinburgh Postnatal Evaluation for depression.	5
Nutrition	Provide prenatal vitamins, folic acid, nutrition education programs, referrals to food shelves	20	We continue to provide services for clients through referrals, free prenatal vitamins, nutrition educational programs	27
Parenting Education	Assist clients in accessing needed services; enroll clients in parenting education incentive program and assess needs through Life Coaching; meet with clients to complete assignments and provide Life Coaching	120	We have seen an increase in our clients and their desire to continue with their classes either as a parenting class or Life Coaching sessions or both.	211

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Pregnancy Education	Assist clients in accessing needed services; enroll clients in pregnancy education incentive program and assess individual needs; meet individually with clients to complete assignments	35	We continue with our pregnancy education. We find the need for general education is high during pregnancy.	52
Pregnancy Testing	Provide program eligibility assessment, pregnancy counseling and testing	10	We continue to provide pregnancy counseling and life coaching around the concerns of pregnancy.	8
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	10	As clients need, we assist them in finding necessary services in the local area.	18
Transportation	Provide transportation vouchers to clients attending educational programs	3	We are providing gas cards to clients so they can attend our classes and other educational parenting classes.	3

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	15
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	4
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	15
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	3

Challenges: There were challenges in the area of Pregnancy Test, Interpreters and material support. We set new guidelines for clients in the area of what they can receive for free or incentives so are Material Support was down. Because of our Spanish Client Advocate we do not have a great need for interpreters at this time. Pregnancy Tests were down this quarter.

Comments: During the spring our client and their needs pick up we hope to see an increase during the summer months.